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What is Antarctica?

By NASA 2010

This text from NASA provides important information about Antarctica, an extremely cold region on Earth. As you read, take notes on what scientists study about Antarctica.

[1] Antarctica is a continent. It is Earth's fifth largest continent. Antarctica is covered in ice. Antarctica covers Earth's South Pole.

What Is Antarctica Like?

Antarctica is the coldest place on Earth. The temperature in the winter is cold enough to freeze water all the time. The temperature in the middle of Antarctica is much colder than the temperature on the coasts.²

Antarctica has two seasons: summer and winter. Earth is tilted in space and the direction of tilt never changes. During summer, Antarctica is on the side of Earth tilted toward the sun. It is always sunny. In winter, Antarctica is on the side of Earth tilted away from the sun. Then, the continent is always dark.



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Antarctica is a desert. It does not rain or snow a lot there. When it snows, the snow does not melt and builds up over many years to make large, thick sheets of ice, called ice sheets. Antarctica is made up of lots of ice in the form of glaciers, ice shelves and icebergs.

[5] Antarctica has no trees or bushes. The only plants that can live in a place that cold are moss and algae.

Who Lives in Antarctica?

Antarctica is too cold for people to live there for a long time. Scientists take turns going there to study the ice. Tourists visit Antarctica in the summers. The oceans around Antarctica are home to many types of whales. Antarctica is also home to seals and penguins.

^{1.} one of the seven main landmasses on Earth

^{2.} **Coast** (noun): the area where land meets the sea or ocean



What Can NASA Learn about Earth from Studying Antarctica?

NASA uses satellites³ to study Antarctica. NASA wants to know how Antarctica is changing. Scientists want to know what the changes in Earth's climate are doing to Antarctica's ice sheets. They also want to know what changes in Antarctica's ice might do to Earth's climate.

One tool that NASA uses is ICESat. That stands for the Ice, Cloud and land Elevation Satellite. Using ICESat, NASA can measure changes in the size of Antarctica's ice sheets. ICESat also helps NASA understand how changing polar ice may affect the rest of the planet. Melting ice sheets in Antarctica may change sea levels all over the world.

NASA instruments have also helped scientists create detailed maps of Antarctica. The maps help researchers when planning trips to Antarctica. They also give people a clearer view of the continent.

What Can NASA Learn about Space from Studying Antarctica?

[10] Antarctica is a good place to find meteorites, or rocks that fall from space to Earth. Scientists find more meteorites in Antarctica than any other place in the world. Meteorites are easier to see on the white ice. Also, meteorites that fall to Antarctica are protected by the ice for a long time.

NASA sends teams to Antarctica to learn more about the planet Mars. Antarctica and Mars have a lot in common. Both places are cold. Both places are dry like a desert. NASA tested robots in Antarctica that later landed on Mars.

NASA also goes to Antarctica to study astronaut nutrition. Like people that are in Antarctica in the winter, astronauts in space are not in the sunlight. The sun helps the human body make vitamins. Scientists study people that visit Antarctica to learn how to help astronauts in space get enough vitamins.

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^{3.} a man-made object that travels in space and collects information about Earth.



Text-Dependent Questions

Directions: For the following questions, choose the best answer or respond in complete sentences.

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- A. Antarctica has a lot of meteorites.
- B. People never visit Antarctica because of how dangerous it is.
- C. Antarctica is a beautiful place, but should not be visited by people.
- D. Antarctica is a special place on Earth and important for scientists to study.
- 2. PART B: Which paragraph from the text best supports the answer to Part A?
 - A. Paragraph 1
 - B. Paragraph 2
 - C. Paragraph 8
 - D. Paragraph 11
- 3. Which of the following describes how the information in the text is organized?
 - A. The author describes Antarctica, and then what scientists can learn from the continent.
 - B. The author describes Antarctica, and then compares it to more well known continents.
 - C. The author discusses the advantages of visiting Antarctica, and then some of the challenges.
 - D. The author discusses what Antarctica is like today, and then compares it what Antarctica was like in the past.



Discussion Questions

Directions: Brainstorm your answers to the following questions in the space provided. Be prepared to share your original ideas in a class discussion.

1.	After learning more about Antarctica, would you ever want to visit? Why or why not?
2.	In the text, the author discusses how harsh Antarctica's environment is. Why don't people live in Antarctica? Do you think this is evidence that nature is more powerful than man? Why or why not? What are other places that are too dangerous for humans to live?
3.	In the text, the author describes how scientists study Antarctica. How does studying Antarctica help humans better understand Earth, and even space? Why is it important for humans to better understand our planet and space?